

TO KEEP YOUR HOUSE CLEAN

10/30 RULE!

GO THE EXTRA 10 STEPS, OR SPEND THE EXTRA 30 SECONDS, TO CLEAN UP AND PUT THINGS WHERE THEY GO!

IN THE KITCHEN

- · Wipe down kitchen counters
- Clean kitchen sink
- Clean the stovetop
- Rinse big stuff off dishes and put in dishwasher
- Add soapy water to dishes that need to soak before scrubbing
- Empty sink as dinner is cooking instead of waiting until dinner is over
- · Wipe the table down
- · Quick once-over of kitchen floors
- Quick food inventory of freezer, fridge, and/or pantry any time you add/remove
- Add to grocery list on your phone as you see you need items
- Put pantry items away
- · Straighten dining chairs/bar stools
- · Wipe down kitchen cabinets
- Swap out kitchen towels
- Quickly wipe down microwave after heating something up

IN THE LAUNDRY ROOM



- Tidy laundry room
- Throw a load in the washer
- Transfer clothes to dryer
- Fold towels
- Scrub a stain out of clothing

IN THE BEDROOMS

- Make the bed
- · Clean clutter off dresser
- · Clean clutter off nightstand
- · Put dirty clothes in hamper
- · Hang clean clothes up
- Dust surfaces

IN THE LIVING AREAS

- · Fold blankets
- Wipe fingerprints off tv
- Pick up random clutter in rooms
- Rearrange couch pillows/cushions
- Vacuum rug
- · Mop floor
- Put books away
- Turn off the lights as you leave a room
- Clean up/tidy work surface before ending your day
- Dust blinds
- Dust light fixtures
- Dust the cobwebs

IN THE BATHROOMS

- Clean bathroom sink
- Wipe down bathroom counter
- · Give toilet quick wipe down
- Quick once-over of bathroom floors
- · Swap out bathroom towels
- Throw away empty lotion or shampoo bottles
- · Clean spots off the mirror

OTHER AREAS

- Sort the mail
- Put backpacks where they belong
- · Empty lunch boxes and put away
- Put the garbage in the bin when it's full
- Put your shoes away when you get home
- · Tidy your car every time you get out
- Put away outside toys before coming inside
- Clean the litter box or pick up dog poop daily





